

2009

City of Daphne Recreation Department Summer Camp Schedule @ Daphne High School

<u>Football Strength Training</u> -Field House		<u>Begins 6/1</u>	<u>Ends 6/26</u>
Three levels of strength training developed to teach and improve upon the basic fundamentals of weight lifting and strength training.			
Beginners:	Ages 10-12 (4-6 th grade)	2:00 -3:00	Mon/Tue/Thu
Intermediate:	Ages 13-15 (7-9 th grade)	2:30 -4:00	Mon/Tue/Thu
<u>Football Strength Training</u> -Field House		<u>Begins 6/1</u>	<u>Ends 7/24</u>
This level is for varsity football players.			
Advanced:	Ages 15-18 (10-12 th grade)	9:00 -11:00	Mon/Tue/Thu.
Advanced:	Ages 15-18(10-12 th grade)	4:00 - 5:30	Mon/Tue/Thu
Open Adult:	Ages 18 & up	8:00 -12:00	Wed & Friday
<u>Boys Strength Training</u> -Daphne Field House		<u>Begins 6/1</u>	<u>Ends 6/26</u>
Open to all high school male athletes.			
<u>Football Camps</u> -Field House		<u>Begins 6/3</u>	<u>Ends 7/9</u>
Beginners:	Ages 9 -12 (4 th -6 th grade)	9:00 -11:00	Wednesdays
The basics of youth football will be taught.			
<u>Football Camps</u> -Field House		<u>Begins 6/3</u>	<u>Ends 7/16</u>
Intermediate:	Ages 13-15 (7-9 th grade)	9:00- 11:00	Wednesdays
<u>Boys Basketball</u> -Daphne Gym		<u>Begins 6/1</u>	<u>Ends 6/26</u>
Students will be taught fundamentals of basketball.			
Beginners:	Ages 10-12 (4-6 th grade)	1:00 -2:00	Mon/Tue/Thu.
Intermediate:	Ages 13-15 (7-9 th grade)	4:00 -5:00	Mon/Tue/Thu
Advanced:	Ages 16-18 (10-12 th grade)	2:00 -4:00	Mon/ Tue/Thu
<u>Baseball</u> -Daphne Baseball Field		<u>Begins 6/1</u>	<u>Ends 6/26</u>
Students will be taught the fundamentals of baseball.			
Beginners:	Ages 9-11	9:00 -10:00	Mon/Tue/Thu
Intermediate:	Ages 12-14	10:00-11:00	Mon/Tue/Thu
Advanced:	Ages 15-18	12:00 - 1:00	Mon/Tue/Thu
<u>Boys Soccer</u> -Daphne Practice Field		<u>Begins 6/1</u>	<u>Ends 6/26</u>
Students will be taught the fundamentals of soccer.			
All Levels:	Ages 14-18 (7-12 th grade)	6:00- 7:30	Mon/Tue/Thu
<u>Boys Strength Training</u> Daphne Field House		<u>Begins 6/1</u>	<u>Ends 6/26</u>
Open to all high school male athletes.			
		8:00 -9:00	Mon/Tue/Thu

2009

**2008 City of Daphne Recreation Department Summer Camp Schedule
@ Daphne High School**

<u>Girls Strength Training</u> -Field House Open to all female athletes in grades 8-12.	<u>Begins 6/1</u> 1:00 -2:00	<u>Ends 6/26</u> Mon/ Tue/Thu
<u>Girls Basketball</u> -Daphne Gym Students will be taught the fundamentals of basketball.	<u>Begins 6/1</u>	<u>Ends 6/26</u>
Intermediate: Ages 10-14	9:00 – 10:00	Mon/Tue/Thu
Advanced: Ages 15-18	10:00 –12:00	Mon/Tue/Thu
<u>Girls Soccer</u> -Daphne Practice Field Students will be taught the fundamentals of dribbling, passing and scoring.	<u>Begins 6/1</u>	<u>Ends 6/26</u>
All Levels: Ages 13- 18	4:30- 6:00	Mon/Tue/Thu
<u>Girls Softball</u> -Daphne Softball Field Students will be taught the fundamentals of softball with emphasis on fielding and hitting	<u>Begins 6/1</u>	<u>Ends 6/26</u>
Beginners: Ages 8-10	8:30 – 9:30	Mon/Tue/Thu
Intermediate: Ages 11-12	9:30 -10:30	Mon/Tue/Thu
Advanced: Ages 15-18	5:30 – 7:00	Mon/Tue/Thu.
<u>Girls Volleyball</u> -Daphne Gym Students will be taught the fundamentals of volleyball.	<u>Begins 7/13</u>	<u>Ends 7/18</u>
Intermediate: Ages 10–13 (6 th -8 th Grade)	10:00 –12:00	Mon/Tue/Thu
<u>Cheernastics</u> -Daphne Cafeteria Students will be taught basic cheerleading.	<u>Begins 6/8</u>	<u>Ends 6/26</u>
Beginners: Ages 4-8	9:00-10:00	Mon/Tue/Thu
Intermediate: Ages 12-14	10:00-11:30	Mon/Tue/Thu

Reminders:

- Campers can attend **all** camps all summer for only **\$10.00**. This is a one time fee.
- Campers can register at the Daphne Recreation Department or on site.
- Make checks payable to: “**City of Daphne**”.

Contact Phone Numbers:

- Daphne High School Field House & Camp Info 621.1413 Fax 621.1482
- Coach L. Yelding- Associate Camp Director 621.1413 lyelding@bcbe.org
- Daphne High School Baseball Office 621.1121
- Daphne High School Boys Basketball Office 626.8787 X324
- Daphne High School Girls Basketball Office 626.8787 X315
- Daphne High School Main Office 626.8787
- Daphne High School Volleyball Office 626.8787 X333
- City of Daphne Recreation Department 621.3703 David McKelroy
- Coach Glenn Vickery- Camp Director 621.1413 gvickery@bcbe.org